



Disclose **how much of a work came from AI** — and at which stage of its life. Score three parts of the lifecycle independently and write them as **CP(C/R/P)**. Empty triangle = human; full = AI.

## Conception

THINK

The idea, the research, the decision to proceed, and the design of how.

## Realisation

MAKE

Gathering resources, building it, confirming it works, and releasing it.

## Perpetuation

TEND

Caring for it after release, adapting it over time, and retiring it.

# CP(15/60/5)

Three percentages of AI involvement, one per part.

An aggregate = their mean. The mark is the picture; the numbers are the record.

## Score it in four steps

- 1 Take each part in turn (Conception, Realisation, Perpetuation) and list what actually happened.
- 2 Estimate the AI share of the meaningful work. Passive tools (spell-check, calculators) don't count.
- 3 Weight activities by importance to that part — don't just average.
- 4 Round to the nearest 5%. Write CP(C/R/P) and record the date.

## Banding



None

0%



Light

1–25%



Moderate

26–50%



Substantial

51–75%



Predominant

76–100%

## Examples



Fully Human

CP(0/0/0)



AI-Assisted

CP(10/42/5)



Human-Refined AI

CP(82/90/15)



Fully AI

CP(95/98/90)